

On the Embeddedness of Minimal Surfaces

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2024

Measure Theory

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Finally, the “length” of a singleton set $\{a\}$ is zero.

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There are two plausible answers to this:

- (i) We declare the question as meaningless, and remain satisfied with the idea that certain subsets of \mathbb{R} do not have a well-defined notion of length;
- (ii) We claim that $\lambda(\mathbb{Q} \cap [0, 1]) = 0$.

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Definition (σ -algebra)

Let X be a set. A σ -algebra \mathcal{A} on X is a collection of subsets of X such that:

- (i) $\emptyset \in \mathcal{A}$;
- (ii) \mathcal{A} is closed under complements;
- (iii) \mathcal{A} is closed under countable unions.

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- (i) $\mu(\emptyset) = 0$;
- (ii) If $\{E_n\}_n$ is a countable collection of pairwise disjoint sets in \mathcal{A} , then

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The sets in \mathcal{A} are called μ -*measurable*.

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We call this the *Lebesgue measure*, and denote it by \mathcal{L}^n .

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However, we often wish to measure k -dimensional subsets of \mathbb{R}^n , where $k < n$. The measure \mathcal{L}^n cannot tell them apart, so we need something better.

Unfortunately, there is no longer an obvious choice of measure which agrees with our intuitive notion of volume.

The Hausdorff Measure

We choose to work with the k -dimensional Hausdorff (outer) measure. We denote this by \mathcal{H}^k and define it as follows:

$$\mathcal{H}^k(A) := \lim_{\delta \downarrow 0} \mathcal{H}_\delta^k(A), \quad A \subset \mathbb{R}^n$$

where, for each $\delta > 0$, \mathcal{H}_δ^k is defined by taking $\mathcal{H}_\delta^k(\emptyset) := 0$, and

$$\mathcal{H}_\delta^k(A) := \inf \sum_{i=1}^{\infty} \omega_k \left(\frac{\text{diam } C_i}{2} \right)^k$$

for any non-empty $A \subset X$. The infimum is taken over all countable collections C_1, C_2, \dots of subsets of X such that $\text{diam } C_i < \delta$ and $A \subset \bigcup_{i=1}^{\infty} C_i$. If no such collection exists, the right-hand side is taken to be $+\infty$.

Geometric Measure Theory

Densities

Let X be a metric space, μ an outer measure on X , and A a subset of X . We define the n -dimensional density of μ at $x \in A$ by

$$\Theta^n(\mu, A, x) := \lim_{\rho \downarrow 0} \frac{\mu(A \cap B_\rho(x))}{\omega_n \rho^n}.$$

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Under certain assumptions on X , one can prove that the density ratio

$$\frac{\mu(A \cap B_\rho(x))}{\omega_n \rho^n}$$

is an increasing function of ρ .

Area Functional

For an open set $\Omega \subset \mathbb{R}^2$ and a function $u : \Omega \rightarrow \mathbb{R}$, the *graph* of u is the set

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Much like with functions on \mathbb{R} , we can ask what the critical points of this functional are.

Minimal Surfaces

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A *minimal* surface is a critical point of the area functional. Note that a minimal surface does not actually need to minimise area.

Embeddedness

A minimal surface will, in general, contain branch points. A natural next step therefore, is to find sufficient conditions which guarantee that a minimal surface is smoothly embedded.

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Meeks and Yau proved that if $\Gamma = \partial M$ lies on the boundary of a convex set, then the minimal disc spanning Γ must be smoothly embedded.

We now show that Γ having total curvature at most 4π is another such sufficient condition. For this we will need the following key result:

Extended Monotonicity Theorem

Theorem

Suppose that M is a compact 2-dimensional minimal submanifold of \mathbb{R}^n , $n > 2$, with rectifiable boundary $\Gamma := \partial M$. Consider a point $p \in \mathbb{R}^n$, and let $E = E(\Gamma, p)$ denote the exterior cone with vertex p over Γ :

$$E := \bigcup_{q \in \Gamma} \{tq + (1-t)p : t \geq 1\}.$$

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is an increasing function of r , for all $r > 0$. That is,

$$\frac{d}{dr} \left(\frac{\mathcal{H}^2(M' \cap B(p, r))}{\pi r^2} \right) \geq 0,$$

with equality if and only if M' is a cone.

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3. The density of M at any interior branch point is at least 2.

The first statement is a consequence of extended monotonicity. The second statement follows from the Gauß–Bonnet theorem.

The Fáry–Milnor Theorem

From the previous embeddedness theorem, the Fáry–Milnor theorem follows as a simple corollary. This is a fundamental result linking the geometry and topology of a simple closed curve in \mathbb{R}^3 . It was proven independently by István Fáry in 1949 and by John Milnor in 1950.

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Corollary (Fáry–Milnor)

Let Γ be a simple closed curve in \mathbb{R}^3 with total curvature at most 4π . Then Γ is unknotted.

Thank you.